RESOLUTION NO. 2021/22-08

RESOLUTION RECOGNIZING SEPTEMBER 2021 AS SUICIDE PREVENTION AWARENESS MONTH

WHEREAS, suicide is a leading cause of death among youth that impacts students, family, and the community. Research shows that the community in which youth reside is a supportive factor in suicide prevention; and

WHEREAS, Suicide is the 2nd leading cause of death among people aged 10-34; and

WHEREAS, Lesbian, gay and bisexual youth are 4x more likely to attempt suicide than straight youth and transgender adults are nearly 12x more likely to attempt suicide than the general population; and

WHEREAS, the month of September 2021 is National Suicide Prevention Month when millions of people around the world join their voices to share a message of hope and healing; and

WHEREAS, resiliency begins early in life within families and schools, and can be strengthened and reinforced throughout the life span; and

WHEREAS, Striving for Zero, California's Strategic Plan for Suicide Prevention urges all Californians to play a role in suicide prevention and promoting health and wellness; and

WHEREAS, it is essential that we educate students about suicide and mental health, and the ways they affect all people in the community; and

WHEREAS, in alignment with Suicide prevention board policy 5141.52, Santa Barbara Unified School District seeks collaboration with school mental health professionals, school counselors, school psychologists, school social worker, youth outreach workers, nurses, administrators, teachers, other staff, parents/guardians, students, local health agencies, mental health professionals, and community organizations; and

WHEREAS, as part of a comprehensive health education plan, Santa Barbara Unified School District suicide prevention practices involve communication that promotes resiliency, encourages help-seeking behaviors, and develops action and resources that help prevent suicide; and

WHEREAS, these observances are united in raising awareness that prevention is possible;

NOW, THEREFORE BE IT RESOLVED that as the Superintendent of Santa Barbara Unified School, District, I proclaim that our schools will stand with the National Action Alliance for Suicide Prevention in recognizing September as "National Suicide Prevention Awareness."

PASSED AND ADOPTED by the following vote of the Governing Board of Santa Barbara Unified School District, County of Santa Barbara, State of California on September 14, 2021, by the following vote:

AYES: 5
NOES: 0
ABSTAIN: 0
ABSENT: 6

Ву	Katherine Ford, Press Santa Barbara Unifie	,	Date	
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State of	f California)) SS		
County	of Santa Barbara)		

I, Wendy Sims-Moten, Clerk of the Board of Education of the Santa Barbara Unified School District of Santa Barbara County, California, do hereby certify that the foregoing is a full, true, and correct copy of a resolution duly adopted by said board at a regular meeting thereof by the vote above stated, which resolution is on file and of record in the office of said board.

Clerk of the Board

Date