



May & June 2017



Our meals are prepared from scratch by caring hands using wholesome, high quality ingredients, local, organic produce & whole grains whenever possible!

"PLANT PLATES" ARE VEGETARIAN/VEGAN ENTREES AVAILABLE BY PRE-ORDER ONLY.

◆ PLEASE CALL OR EMAIL YOUR KITCHEN MANAGER TO RESERVE A DELICIOUS PROTEIN RICH, PLANT BASED ENTRÉE FOR YOUR STUDENT'S HEALTH AND OUR PLANET!

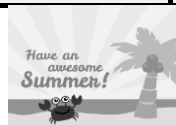
| | Monday, May 1 | Tuesday, May 2 | Wednesday, May 3 | Thursday, May 4 | Friday, May 5 |
|--------------------------|--------------------------------------|---------------------------------------|-------------------------------------|------------------------------------|------------------------------------|
| MID MORNING SNACK | French Toast | Breakfast Burrito | Apple Bread | Toasted Oat Granola Bar | Whole Grain Cinnamon Roll |
| LUNCH | Cheeseburger w/ Potato Wedges | Spaghetti w/Meat Sauce & Garlic Bread | Chicken Fried Rice w/Crispy Noodles | Herb Roasted Chicken w/Pasta Salad | Grilled Cheese Sandwich & Smoothie |
| VEG OPTION | Veggie Burger w/Potato Wedges | Spaghetti Marinara & Garlic Bread | Veggie Fried Rice w/Crispy Noodles | Herb Roasted Tofu w/Pasta Salad | |
| | Monday, May 8 | Tuesday, May 9 | Wednesday, May 10 | Thursday, May 11 | Friday, May 12 |
| MID MORNING SNACK | Hot & Cold Cereal | Breakfast Burrito | La Bella Rosa Concha | Bagel & Cream Cheese | Yogurt Parfait |
| LUNCH | Mac & Cheese w/Garlic Bread | Chicken Pozole w/Tortilla Chips | Italian Deli Sub w/Potato Salad | Baked Chicken w/Rice Pilaf | Sicilian Cheese Pizza |
| VEG OPTION | Butternut Mac w/Garlic Bread | Veggie Pozole w/Tortilla Chips | Veggie Sub w/Potato Salad | Baked Tofu w/Rice Pilaf | |
| | Monday, May 15 | Tuesday, May 16 | Wednesday, May 17 | Thursday, May 18 | Friday, May 19 |
| MID MORNING SNACK | French Toast | Breakfast Burrito | Applesauce Bread | Toasted Oat Granola Bar | Whole Grain Cinnamon Roll |
| LUNCH | Cheeseburger w/ Potato Wedges | Orange Chicken w/Steamed Rice | Beef Tostada | BBQ Chicken w/Buttermilk Biscuit | Grilled Cheese Sandwich & Smoothie |
| VEG OPTION | Veggie Burger w/Potato Wedges | Teriyaki Stir Fry w/Crispy Noodles | Bean Tostada | BBQ Tofu w/Buttermilk Biscuit | |
| | Monday, May 22 | Tuesday, May 23 | Wednesday, May 24 | Thursday, May 25 | Friday, May 26 |
| MID MORNING SNACK | Hot & Cold Cereal | Breakfast Burrito | La Bella Rosa Concha | Bagel & Cream Cheese | Yogurt Parfait |
| LUNCH | Chicken Pasta Alfredo w/Garlic Bread | Italian Deli Sub | Chicken Enchiladas | Teriyaki Chicken w/Sesame Noodles | Hawaiian Pizza |
| VEG OPTION | Pasta Alfredo w/Garlic Bread | Grilled Veggie Deli Sub | Soyrizo Enchiladas | Teriyaki Tofu w/Sesame Noodles | Veggie Pizza |
| | Monday, May 29 | Tuesday, May 30 | Wednesday, May 31 | Thursday, June 1 | Friday, June 2 |
| MID MORNING SNACK | MEMORIAL DAY HOLIDAY | Chef's Choice | Chef's Choice | Chef's Choice | Chef's Choice |
| LUNCH | | | | | |
| VEG OPTION | | | | | |
| | Monday, June 5 | Tuesday, June 6 | Wednesday, June 7 | Thursday, June 8 | Friday, June 9 LAST DAY OF SCHOOL |
| MID MORNING SNACK | Chef's Choice | Chef's Choice | Chef's Choice | Chef's Choice | Chef's Choice |
| LUNCH | | | | | No Lunch Served |
| VEG OPTION | | | | | |

Eat to live, Live to learn & Learn to eat!

Please call SBJH, Eugenia Murillo, Manager at 963-7751 x 4088 for any questions or to order the veggie lunch option.

The Santa Barbara Unified School District, USDA and the CDE are equal opportunity providers and employers.

Menu subject to change without notice.



**HARVEST OF THE MONTH:
STRAWBERRIES
& CELERY**