



# May & June 2017



Our meals are prepared from scratch by caring hands using wholesome, high quality ingredients, local, organic produce & whole grains whenever possible!

|                  | Monday, May 1                        | Tuesday, May 2                        | Wednesday, May 3                    | Thursday, May 4                    | Friday, May 5                      |
|------------------|--------------------------------------|---------------------------------------|-------------------------------------|------------------------------------|------------------------------------|
| <b>BREAKFAST</b> | French Toast                         | Breakfast Burrito                     | Apple Bread                         | Toasted Oat Granola Bar            | Whole Grain Cinnamon Roll          |
| <b>LUNCH</b>     | Cheeseburger w/ Potato Wedges        | Spaghetti w/Meat Sauce & Garlic Bread | Chicken Fried Rice w/Crispy Noodles | Herb Roasted Chicken w/Pasta Salad | Grilled Cheese Sandwich & Smoothie |
| <b>**SUPPER</b>  | Chicken Enchiladas                   | Beef Tostada                          | Cheese Quesadilla                   | Cheeseburger                       | Teriyaki Stir Fry                  |
|                  | Monday, May 8                        | Tuesday, May 9                        | Wednesday, May 10                   | Thursday, May 11                   | Friday, May 12                     |
| <b>BREAKFAST</b> | Hot & Cold Cereal                    | Breakfast Burrito                     | La Bella Rosa Concha                | Bagel & Cream Cheese               | Yogurt Parfait                     |
| <b>LUNCH</b>     | Mac & Cheese w/Garlic Bread          | Chicken Pozole w/Tortilla Chips       | Italian Deli Sub w/Potato Salad     | Baked Chicken w/Rice Pilaf         | Sicilian Cheese Pizza              |
| <b>**SUPPER</b>  | Chicken Pasta Alfredo                | Bean & Cheese Nachos                  | Grilled Cheese & Smoothie           | Ham Sandwich                       | Chicken Chili Verde Burrito        |
|                  | Monday, May 15                       | Tuesday, May 16                       | Wednesday, May 17                   | Thursday, May 18                   | Friday, May 19                     |
| <b>BREAKFAST</b> | French Toast                         | Breakfast Burrito                     | Applesauce Bread                    | Toasted Oat Granola Bar            | Whole Grain Cinnamon Roll          |
| <b>LUNCH</b>     | Cheeseburger w/ Potato Wedges        | Orange Chicken w/Steamed Rice         | Beef Tostada                        | BBQ Chicken w/Buttermilk Biscuit   | Grilled Cheese Sándwich & Smoothie |
| <b>**SUPPER</b>  | BBQ Chicken                          | Chicken Enchiladas                    | Cheese Quesadilla                   | Italian Deli Sub                   | Chicken Pozole w/Tortilla Chips    |
|                  | Monday, May 22                       | Tuesday, May 23                       | Wednesday, May 24                   | Thursday, May 25                   | Friday, May 26                     |
| <b>BREAKFAST</b> | Hot & Cold Cereal                    | Breakfast Burrito                     | La Bella Rosa Concha                | Bagel & Cream Cheese               | Yogurt Parfait                     |
| <b>LUNCH</b>     | Chicken Pasta Alfredo w/Garlic Bread | Italian Deli Sub                      | Chicken Enchiladas                  | Teriyaki Chicken w/Sesame Noodles  | Hawaiian Pizza                     |
| <b>**SUPPER</b>  | Beef Burrito                         | Orange Chicken                        | 3-Cheese Pizza                      | Cheeseburger                       | Italian Deli Sub                   |
|                  | Monday, May 29                       | Tuesday, May 30                       | Wednesday, May 31                   | Thursday, June 1                   | Friday, June 2                     |
| <b>BREAKFAST</b> | <b>MEMORIAL DAY HOLIDAY</b>          | Chef's Choice                         | Chef's Choice                       | Chef's Choice                      | Chef's Choice                      |
| <b>LUNCH</b>     |                                      |                                       |                                     |                                    |                                    |
| <b>**SUPPER</b>  |                                      |                                       |                                     |                                    |                                    |
|                  | Monday, June 5                       | Tuesday, June 6                       | Wednesday, June 7                   | Thursday, June 8                   | Friday, June 9                     |
| <b>BREAKFAST</b> | Chef's Choice                        | Chef's Choice                         | Chef's Choice                       | Chef's Choice                      | Chef's Choice                      |
| <b>LUNCH</b>     |                                      |                                       |                                     |                                    |                                    |
| <b>**SUPPER</b>  |                                      |                                       |                                     |                                    |                                    |

***Eat to live, Live to learn & Learn to eat!***

◆Please contact Juan Loza, GVJH 967-3486 x 2562 for any questions regarding menus.

\*\* Supper Sites: Please visit our Webpage at [www.sbunified.org](http://www.sbunified.org) under Food Services for sites nearest you. Children Free 18 years and younger.

The Santa Barbara Unified School District, USDA and the CDE are equal opportunity providers and employers.

Menu subject to change without notice.



**HARVEST OF THE MONTH:  
STRAWBERRIES & CELERY**