



April 2017



Our meals are prepared from scratch by caring hands using wholesome, high quality ingredients, local, organic produce & whole grains whenever possible!

"PLANT PLATES" ARE VEGETARIAN/VEGAN ENTREES AVAILABLE BY PRE-ORDER ONLY.
◆ PLEASE CALL OR EMAIL YOUR KITCHEN MANAGER TO RESERVE A DELICIOUS PROTEIN RICH, PLANT BASED ENTRÉE FOR YOUR STUDENT'S HEALTH AND OUR PLANET!

	Monday, April 3	Tuesday, April 4	Wednesday, April 5	Thursday, April 6	Friday, April 7
BREAKFAST	Chef's Choice	Breakfast Burrito	Apple Bread	Toasted Oat Granola Bar	Whole Grain Cinnamon Roll
LUNCH	Chef's Choice	Cheeseburger w/ Potato Wedges	Teriyaki Chicken Fried Rice w/Crispy Noodles	Tuna Sandwich	Sicilian 3-Cheese Pizza
VEG OPTION	Chef's Choice	Veggie Burger w/Potato Wedges	Teriyaki Veggie Fried Rice w/Crispy Noodles	Veggie Sandwich	
	Monday, April 10	Tuesday, April 11	Wednesday, April 12	Thursday, April 13	Friday, April 14
BREAKFAST	Hot & Cold Cereal	Breakfast Burrito	La Bella Rosa Concha	Bagel & Cream Cheese	GOOD FRIDAY NO SCHOOL
LUNCH	Mac & Cheese w/Garlic Bread	Chicken Pozole w/Tortilla Chips	Italian Deli Sub w/Potato Salad	NOON DISMISSAL NO LUNCH	
VEG OPTION	Butternut Mac w/Garlic Bread	Veggie Pozole w/Tortilla Chips	Veggie Sub w/Potato Salad		
	Monday, April 17	Tuesday, April 18	Wednesday, April 19	Thursday, April 20	Friday, April 21
EASTER BREAK					
	Monday, April 24	Tuesday, April 25	Wednesday, April 26	Thursday, April 27	Friday, April 28
BREAKFAST	Hot & Cold Cereal	Breakfast Burrito	La Bella Rosa Concha	Bagel & Cream Cheese	Yogurt Parfait
LUNCH	Spaghetti w/Meat Sauce & Garlic Bread	Cheeseburger w/ Potato Wedges	Chicken Enchiladas	Grilled Cheese Sandwich & Smoothie	Deep Dish French Bread Pizza
VEG OPTION	Spaghetti Marinara & Garlic Bread	Veggie Burger w/Potato Wedges	Soyrizo Enchiladas		

Eat to live, Live to learn & Learn to eat!

**HARVEST
OF THE MONTH:
Spinach & Radish**

◆Kitchen Contact: Beth Whitney, SBHS 966-9101 x 5015.

The Santa Barbara Unified School District, USDA and the CDE are equal opportunity providers and employers.

Menu subject to change without notice.

