



April 2017



Our meals are prepared from scratch by caring hands using wholesome, high quality ingredients, local, organic produce & whole grains whenever possible!

**"PLANT PLATES" ARE VEGETARIAN/VEGAN ENTREES AVAILABLE BY PRE-ORDER ONLY.
 ◆ PLEASE CALL OR EMAIL YOUR KITCHEN MANAGER TO RESERVE A DELICIOUS PROTEIN RICH,
 PLANT BASED ENTRÉE FOR YOUR STUDENT'S HEALTH AND OUR PLANET!**

	Monday, April 3	Tuesday, April 4	Wednesday, April 5	Thursday, April 6	Friday, April 7
MID-MORNING SNACK	Chef's Choice	Breakfast Burrito	Apple Bread	Toasted Oat Granola Bar	Whole Grain Cinnamon Roll
LUNCH	Chef's Choice	Cheeseburger w/ Potato Wedges	Teriyaki Chicken Fried Rice w/Crispy Noodles	Tuna Sandwich	Sicilian 3-Cheese Pizza
VEG OPTION	Chef's Choice	Veggie Burger w/Potato Wedges	Teriyaki Veggie Fried Rice w/Crispy Noodles	Veggie Sandwich	
	Monday, April 10	Tuesday, April 11	Wednesday, April 12	Thursday, April 13	Friday, April 14
MID-MORNING SNACK	Hot & Cold Cereal	Breakfast Burrito	La Bella Rosa Concha	Bagel & Cream Cheese	Yogurt Parfait
LUNCH	Mac & Cheese w/Garlic Bread	Chicken Pozole w/Tortilla Chips	Italian Deli Sub w/Potato Salad	Cheese Quesadilla & Smoothie	Italian Flatbread w/Tomato, Fresh Basil & Mozzarella
VEG OPTION	Butternut Mac w/Garlic Bread	Veggie Pozole w/Tortilla Chips	Veggie Sub w/Potato Salad		
	Monday, April 17	Tuesday, April 18	Wednesday, April 19	Thursday, April 20	Friday, April 21
MID-MORNING SNACK	French Toast	Breakfast Burrito	Applesauce Bread	Toasted Oat Granola Bar	Whole Grain Cinnamon Roll
LUNCH	Cheeseburger w/ Potato Wedges	Orange Chicken w/Steamed Rice	Bean & Cheese Burrito	BBQ Chicken w/Buttermilk Biscuit	Hawaiian Pizza
VEG OPTION	Veggie Burger w/Potato Wedges	Teriyaki Stir Fry w/Crispy Noodles	Soyrizo Burrito	BBQ Tofu w/Buttermilk Biscuit	Veggie Pizza
	Monday, April 24	Tuesday, April 25	Wednesday, April 26	Thursday, April 27	Friday, April 28
MID-MORNING SNACK	Hot & Cold Cereal	Breakfast Burrito	La Bella Rosa Concha	Bagel & Cream Cheese	Yogurt Parfait
LUNCH	Spaghetti w/Meat Sauce & Garlic Bread	Cheeseburger w/ Potato Wedges	Chicken Enchiladas	Grilled Cheese Sandwich & Smoothie	Deep Dish French Bread Pizza
VEG OPTION	Spaghetti Marinara & Garlic Bread	Veggie Burger w/Potato Wedges	Soyrizo Enchiladas		

Eat to live, Live to learn & Learn to eat!

**HARVEST
 OF THE MONTH:
 Spinach & Radish**

◆Kitchen Contact: Eugenia Murillo, SBJH 963-7751 x 4088.

The Santa Barbara Unified School District, USDA and the CDE are equal opportunity providers and employers.

Menu subject to change without notice.

